

AARP

The Magazine

World's Largest Circulation Magazine

**PAY EVEN
LESS FOR
GENERIC
DRUGS**
PAGE 17

Exclusive Poll
**Can You
Have
LOVE
Without
SEX?**

PAGE 40

**SAVE
40%
On Your
Food Bill**

Special Report
**PROTECT
YOUR
CASH**

Don't let money
experts scam you

**Never
Have a
Heart
Attack**

PAGE 20

**MIRACLE
MAKEOVER**

How a whole town got
healthy and you can too!

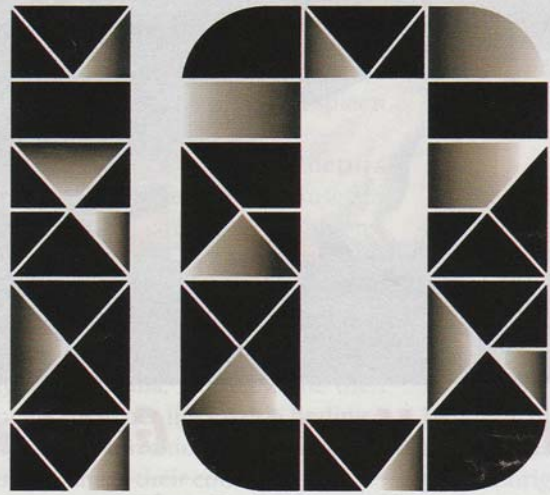
→ **8TH
ANNUAL
INSPIRE
AWARDS** **Clint
Eastwood**

His brave adventures,
his daring new film

+
Why Terry
Bradshaw
hates the
Super Bowl

* **PLUS** Raquel Welch, Scott Hamilton,
Tom Joyner, and six others who inspire us

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WHO INSPIRE

For the eighth year, AARP THE
MAGAZINE salutes outstanding
individuals who are using their
energy, creativity, and passion
to make the world a better place





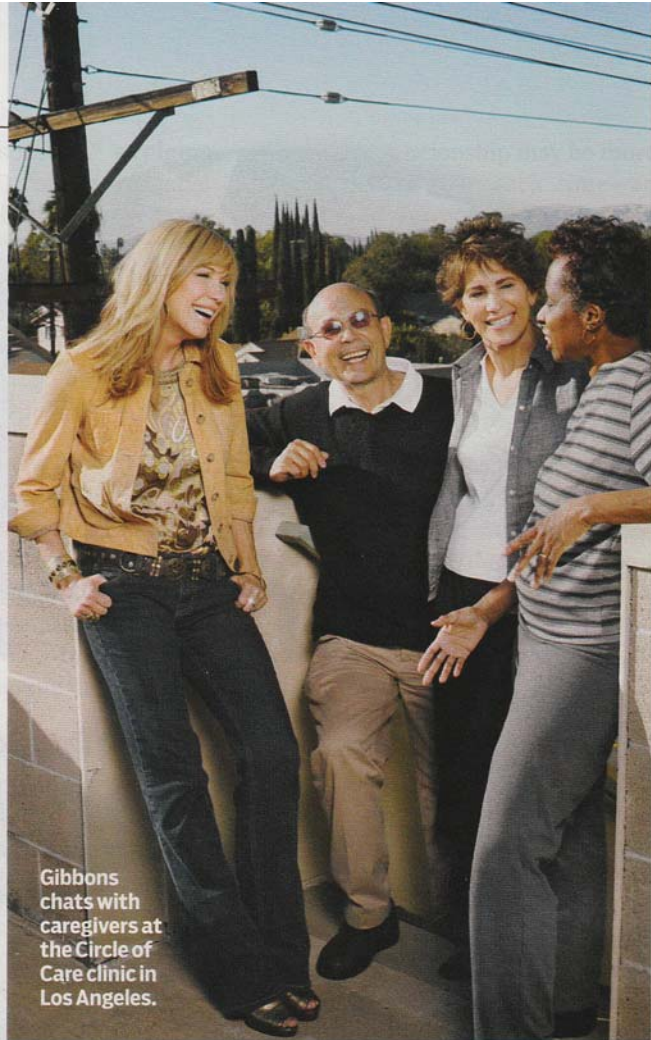
Leeza Gibbons

FOR TEN YEARS Leeza Gibbons and her two siblings watched helplessly as their mother, Gloria Jean Gibbons, slipped slowly behind what Leeza calls the “veil of Alzheimer’s.” “I saw my sister get depressed, my brother go into denial, and my father become isolated,” says Gibbons, 52, the host of radio’s *Hollywood Confidential*. Her solution: to become

VOICE OF THE CAREGIVER

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an advocate on behalf of caregivers. In 2004 she cofounded The Leeza Gibbons Memory Foundation with James Huysman, Psy.D., to provide caregivers with resources for ensuring their own health and well-being. At Leeza’s Place centers in Texas, Florida, California, New York, and Illinois—there are eight centers in all—caregivers are teamed with a Leeza’s Care Advocate who helps them navigate the maze of issues that come with a loved one’s diagnosis. Says Gibbons, “It’s not just about the person who has that disease but everyone who loves and cares for that person.” —J.D.M.



Gibbons chats with caregivers at the Circle of Care clinic in Los Angeles.